

FEAR©

You've locked it up inside of you for many years.
Trying to ignore it, pretending that it doesn't exist.
You feel it pounding at your insides, trying to break free.
You huddle in pain, in a dark lonely place,
So that no one will see the truth.

We all have to grapple with it every day.
Whether we are the most successful or
Still looking way up to the top.
Those who are more successful have learned
To use it to their advantage, their friend.
Allowing it to push them towards
Rather than pull them away from their goals.

Even those with the most potential have
Allowed it to anchor them to the rock of stagnation.
Ceasing to move, to change, to exist.
Rather, they exit from the route of possibilities.
Onto a street with no lights, nor signs, nor end.

You still have time to take another route.
It is never too late to change your direction.
The first step is making a decision;
Starting a new chapter entitled: Transformation.
Merging onto the highway with the
Endless line of lights and numerous signs.
That lead to toward new beginnings.

Look deep inside yourself, and you will discover,
The most important defence against your fears.
You will find the love that you lost on the passing lane.
It has been waiting for you to take the U-turn from fear and
Allow it to hitch a ride on your eternal drive through time.

Embrace your self love, you will be amazed at
Where it can take you.
It will allow you to soar to the heavens and
Witness a whole new world of possibilities.
Let it grow and grow so that fear will never
Find a way back into the depths of your soul.